# "The Art of Facilitating Self-Determination"

www.balance.org.nz

www.wellbeyondrecovery.com

#### **Facilitators: Stephen Pocklington<sup>1,</sup> Kori Hemi<sup>2</sup>** North Carolina<sup>1,</sup> USA: Ratana Pa, Whanganui<sup>2</sup>

5 day course Starting 16<sup>th</sup> February 2015 to 20<sup>th</sup> February 2015 Quaker Settlement Quiet Room <u>www.quakersettlement.co.nz</u> 76 Vincinia Dd

76 Virginia Rd Whanganui

Stephen Pocklington (USA), Kori Hemi (NZ) and Balance Whanganui are pleased to bring *The Art of Facilitating Self-Determination* (AFSD) back to New Zealand again this year where many of its defining concepts originated. This five-day seminar is about facilitating mutually supportive and respectful relationships.

## Welcome to an Open Conversation

What happens when people set aside assumptions? And what happens when people allow trust and curiosity to bring them together in a mindful and caring relationship out of which new meaning and understanding can emerge?

### Emerging from the Hearts of all who are Present

What you can expect is an exploration with a very flexible structure, which will be fluidly shaped by whatever emerges from your presence, your contributions, your inquiries, and the needs of your heart.

### Exploring Together the things which Grow (and hinder) Self-Determination

We will observe our own patterns of relating to others and ourselves, noticing some of the things that support and some of the things that get in the way of self-determination. We'll try out some alternative ways of engaging with others and see where our practice leads the conversation.

### Growing a New Sense of Community

The one thing we are certain of is that this process, the conversation itself, will introduce you to a powerful new sense of community that you will carry in your heart long after the seminar is over.

For further details including the facilitator's biographies go to <u>www.balance.org.nz</u>

**Cost**: \$450-00 (incl GST) per person. AFSD Manual & course materials, lunches & break refreshments all provided in the \$450 fee. Scholarships and discounts may be available subject to funding application success.

#### Places are limited to 20 people so be quick



	APPLICATION FORM
	The Art of Facilitating Self-Determination 5 day course: Monday – Friday 9-00 am – 4-00 pm
	Monday 16 <sup>th</sup> February 2015 to Friday 20 <sup>th</sup> February 2015
	Quaker Settlement Quiet Room www.quakersettlement.co.nz
	76 Virginia Rd
	Whanganui
Please comple	ete this form and email back to <u>frank@balancewhanganui.org.nz</u> or post to
	AFSD Registration
	C/- Balance Whanganui
	PO Box 102, Whanganui 4540 Phone 06 345 4488
Name:	
Drganisation if any:	
Role:	
Phone:	Cell:
	or \$450-00 with your registration, or pay by Direct Credit, to secure your place on
Bank details for interne	et banking:
Balance Whanganui	
Westpac, Wanganui,	
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