

# “The Art of Facilitating Self-Determination”

[www.balance.org.nz](http://www.balance.org.nz)

[www.wellbeyondrecovery.com](http://www.wellbeyondrecovery.com)

**Facilitators: Stephen Pocklington<sup>1</sup>, Magdel Hammond<sup>2</sup> and Kori Hemi<sup>3</sup>**  
North Carolina<sup>1</sup>, USA; Auckland<sup>2</sup>; Ratana Pa, Whanganui<sup>3</sup>

**5 day course**

27<sup>th</sup> February 2015 to 3<sup>rd</sup> March 2015

Te Moata Retreat Centre

[www.temoata.org](http://www.temoata.org)

180 Pauls Road, Tairua

COROMANDEL

Stephen Pocklington (USA), Magdel Hammond (NZ), Kori Hemi (NZ) and Balance NZ are pleased to bring *The Art of Facilitating Self-Determination* (AFSD) back to New Zealand again this year where many of its defining concepts originated. This five-day seminar is about facilitating mutually supportive and respectful relationships.

## Welcome to an Open Conversation

*What happens when people set aside assumptions? And what happens when people allow trust and curiosity to bring them together in a mindful and caring relationship out of which new meaning and understanding can emerge?*

## Emerging from the Hearts of all who are Present

*What you can expect is an exploration with a very flexible structure, which will be fluidly shaped by whatever emerges from your presence, your contributions, your inquiries, and the needs of your heart.*

## Exploring Together the things which Grow (and hinder) Self-Determination

*We will observe our own patterns of relating to others and ourselves, noticing some of the things that support and some of the things that get in the way of self-determination. We'll try out some alternative ways of engaging with others and see where our practice leads the conversation.*

## Growing a New Sense of Community

*The one thing we are certain of is that this process, the conversation itself, will introduce you to a powerful new sense of community that you will carry in your heart long after the seminar is over.*

For further details including the facilitator's biographies go to [www.balance.org.nz](http://www.balance.org.nz)

**Cost:** Scholarships and discounts may be available subject to funding application success.  
\$850-00 (incl GST) per person.  
AFSD Manual & course material, accommodation at Te Moata, meals & break refreshments all provided in the \$850-00 fee.

**N.B. Participants will need to arrive afternoon of Thursday 26<sup>th</sup> February 2015**

Places are limited to 18 people so be quick



balance.nz



## APPLICATION FORM

**The Art of Facilitating Self-Determination**  
**5 day course: Friday – Tuesday 9-00 am – 4-00 pm**  
**(Arriving afternoon of 26<sup>th</sup>): Friday 27<sup>th</sup> February 2015 to Tuesday 3<sup>rd</sup> March 2015**

**Course location:**  
Te Moata Retreat Centre  
[www.temoata.org](http://www.temoata.org)  
180 Pauls Road, Tairua  
COROMANDEL

**Please complete this form and email back to [frank@balance.org.nz](mailto:frank@balance.org.nz) or post to**  
**AFSD Registration**  
**C/- Balance NZ**  
**PO Box 102, Whanganui 4540**  
**Phone 06 345 4488**

**Name:** \_\_\_\_\_

**Organisation if any:** \_\_\_\_\_

**Role:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Cell:** \_\_\_\_\_

**Email:** \_\_\_\_\_

Please send a cheque for \$850-00 with your registration, or pay by Direct Credit, to secure your place on the training.

Bank details for internet banking:

Balance NZ, Westpac, Wanganui,

030791-0557234-00



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